

Rabies exposures – First Aid

If you have been bitten, scratched or had an open wound licked by a mammal (dog, cat, monkey, jackal etc.), please follow these steps for first aid to prevent rabies.

- Please wash the wound immediately and thoroughly, running it under plenty of soap and water or detergent or povidone iodine for a minimum of 15 minutes.
- Seek medical treatment as soon as possible for post exposure treatment: a course of rabies vaccines, plus immunoglobulin if needed. (WHO, 2018: <http://www.who.int/news-room/fact-sheets/detail/rabies>).

Rabies Advice and Post Exposure Treatment

This is offered within our walk-in service. We will see returning travellers who are worried about exposure, namely bites, scratches or licks on open or broken skin, sustained from mammals. We offer post exposure treatment with rabies vaccinations and immunoglobulin if needed, as well as advice. The treatment is a course of three vaccines over 21-28 days.

Opening hours: Walk in Monday – Friday, 9am-4pm

If possible, please attend before 12 noon, in case your treatment needs to be couriered or collected from Public Health England.

Rabies Advice and Pre Exposure Prevention

We offer rabies pre exposure vaccination in our travel clinic. It is a course of three vaccines over four weeks. Please book yourself in for a travel clinic consultation. We do not offer walk in appointments, all appointments must be pre booked.

Opening hours: Monday – Friday, 9am – 4.30pm. Clinics vary each day, please ring 0203 447 5999 for more information.